
YOU ARE INVITED TO JOIN OTHER
ESTEEMED COLLEAGUES ON THIS
EXCITING JOURNEY.

FARNSWORTH LOBENSTINE, LICSW

EMDR INSTITUTE AND TRAUMA RECOVERY/HAP FACILITATOR; EMDRIA APPROVED CONSULTANT

Advanced Seminar: Integrating Structural Dissociation, Ego State and EMDR Therapies

30 Psychology, Social Work, LMFT
and LMHC CEs pending. 12
EMDRIA CEs (all you need for two
years) pending.

WHEN:

Meets the 3rd **Friday** of each month
from September 16, 2016 through
June 16, 2017, 10am to 1:15pm

OR

Meets the 3rd **Tuesday** of each
month from September 20, 2016
through June 20, 2017, 10am to
1:15pm

WHERE:

1164 South East Street
Amherst MA 01002

COST:

\$100 per three-hour meeting or
\$80 for clinicians working fulltime
in Community Mental Health.

Partial scholarships may be
available.

Each seminar is limited to 9
clinicians who are Level II trained
and who use EMDR regularly with
clients. Preference will be given to
those who have done individual or
group consultation with an EMDRIA
Approved Consultant.

SEMINAR DESCRIPTION:

EMDR Therapy can fail to make significant progress in the presence of ego states or alters that are hostile to the process, frightened of it, or whose needs are not being met in therapy. Ego states exist along a continuum from normal, healthy adaptation through PTSD, Complex PTSD to Dissociative Identity Disorder. Client and therapist alike are often not aware of the presence of these ego states +/- alters that prevent effective treatment and make life so challenging.

Through this intensive, small group seminar, you will: DEVELOP a sophisticated understanding of dissociative processes with clients with severe traumas. Even PTSD symptoms are dissociative in nature; PRACTICE in supervised triads two different techniques – the Conference Room and the Healing Circle – for integrating Ego State Therapy and Structural Dissociation into your work with clients; INTEGRATE Ego State and EMDR therapies into immediate work with healthier clients to develop the skills needed to use them with your more challenged clients; UNDERSTAND the dissociative language of severely traumatized clients;

(continued on reverse)

What your colleagues are
saying about the
Advanced Seminar:

I am thoroughly enjoying the Ego State class. It is beyond excellent. Your profoundly intelligent teaching style, the quality readings and the breadth of clinical experience you bring are all so magnificent. (I have been recommending it to all my Connecticut colleagues!) I am also thrilled to be with such wise and open-minded peers.
Cheryl Kenn, EMDRIA
Approved Consultant, New
Haven CT

I love the moments now when I understand the logic of the dissociative experience that is presented and I can be creative and adroit in guiding and supporting it.
Aimee Golbert, LCSW,
Hartford CT

The Advanced Seminar is the best course I have ever taken.
Wendy Ball, LMHC, Albany NY

JOIN US FOR THE NINTH YEAR!
OVER 70 OF YOUR COLLEAGUES HAVE
PARTICIPATED.

**FOR MORE
INFORMATION
AND TO REGISTER:**

Website: Abbott-Lobenstine.com
Phone: 413-256-EMDR(3637)

SEMINAR DESCRIPTION CONTINUED:

...IDENTIFY and WORK WITH the phobias of attachment, of traumatic memories and of inner experience in severely traumatized clients; LEARN TIP OF THE FINGER strategy and other Structural Dissociation techniques to stabilize dissociative clients; LEARN to target the internal experiences of dissociative clients to improve their functioning long before you can safely target childhood trauma. Didactic presentations and assigned readings will broaden your understanding; transcripts of many Ego State/EMDR and Structural Dissociation/EMDR sessions will facilitate your use of these approaches with clients. Case consultation will enrich your confidence and prepare you to integrate these approaches with EMDR. **Monthly meetings will facilitate your powerful learning process.**



Farnsworth Lobenstine, LICSW is on the national faculty of the EMDR Institute, serving as a Facilitator since 2001. An EMDRIA approved consultant, he has been a Facilitator and Consultant for the EMDR HAP since 2005. Farnsworth has provided individual and group consultation services since 2003 and works with children 10-12, adolescents and adults in private practice. He has been closely involved with the

development of the Western Massachusetts EMDRIA Regional Meeting/Network, and co-founded the first annual local conference sponsored by the Regional Meeting, working with veterans of the Afghanistan and Iraq wars, in 2005; he served on the Steering Committee for the next five conferences. Farnsworth developed the Directory of EMDR Trained Clinicians in Western Massachusetts, which is now in its thirteen edition and available online at wmassemdria.com.

I consider it an extraordinary privilege to work as a psychotherapist. My training in EMDR, Ego State Therapy, Structural Dissociation, Narrative Therapy, and Energy Psychology, facilitate my healing work. I am equally passionate about teaching clinicians so that they can work ever more successfully to resolve the traumas and life challenges their clients have experienced. - Farns

Additional Praise for the Advanced Seminar:

*In the seven years since I completed Farns' Seminar, Ego State Therapy continues to transform my work with clients in such profound ways. I had to travel three hours each way to attend, but **it was well worth the investment of time and money.** Sharon Coleman, LICSW, LADC I, II, Burlington, VT*

This was the best seminar that I've attended since graduating from the Smith MSW program 28 years ago. Cheryl Case, LICSW, Greenfield MA

I am in awe of the talent and cohesion of this group experience and have learned as much about myself as I have about doing the work in session with my clients. Jody Hardesty, LICSW, New Bedford MA

***This is the best hands-on, seat-of-the-pants learning experience I've ever had.** Andrea Reber, LICSW, Northampton MA*

You are a wonderful and gifted teacher! Diane Murphy, LICSW, Westerly RI

Go to Abbott-Lobenstine.com to learn more
Click on Farnsworth Lobenstine Professional Trainings