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YOU ARE INVITED TO JOIN OTHER  
ESTEEMED COLLEAGUES ON THIS  
EXCITING JOURNEY.

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**FARNSWORTH LOBENSTINE, LICSW**

EMDR INSTITUTE AND TRAUMA RECOVERY/HAP FACILITATOR; EMDRIA APPROVED CONSULTANT

## Advanced Seminar: Integrating Structural Dissociation, Ego State and EMDR Therapies

30 NBCC approved masters level professional CEUs (including LCSW, LMHC, LMFT, LPC, and more) approved. 12 EMDRIA CEs (all you need for two years) approved.

### **WHEN:**

Meets the 3rd Friday of each month from September 20, 2019 through June 19, 2020, 10am to 1:15pm

### **WHERE:**

16 Center Street, Suite 423  
Northampton, MA 01060

### **COST:**

\$100 per three-hour meeting or \$80 for clinicians working fulltime in Community Mental Health.

Each seminar is limited to 9 clinicians who are Level II trained and who use EMDR regularly with clients. Preference will be given to those who have done individual or group consultation with an EMDRIA Approved Consultant.

### **SEMINAR DESCRIPTION:**

EMDR Therapy can fail to make significant progress in the presence of dissociative parts of the personality (ANPs and EPs) or ego states that are hostile to the work, frightened of it, or whose needs aren't being met in therapy. Most challenging of all can be Perpetrator Introjects who powerfully dictate that the rules of the past abuse still apply. Both therapists and clients are often largely unaware of these parts that block progress in therapy and make life so challenging.

Through this intensive, small group seminar, you will: DEVELOP a sophisticated understanding of dissociative processes with clients with severe traumas. Even PTSD symptoms are dissociative in nature; PRACTICE in supervised triads two different techniques – the Meeting Place and the Healing Circle – For integrating Structural Dissociation and Ego State Therapy into your work with clients; INTEGRATE Ego State and EMDR therapies into immediate work with healthier clients to develop the skills needed to use them with your more challenged clients; UNDERSTAND the dissociative language of severely traumatized clients;

(continued on reverse)

What your colleagues are saying about the Advanced Seminar:

*I gained skills, experience and confidence that have enhanced my practice beyond words. The shift that I have experienced in my own understanding of trauma and dissociation has been immense. The readings and presentation of concepts by Farnsworth, as well as the group of women that I had the pleasure of attending the course with, gave me the confidence to apply these new concepts and practice the skills that I now use regularly in my private practice with my clients. Understanding ego-states and structural dissociation has completely changed my practice!*

Holly Varanelli, LCSW,  
Winsted CT

*The Advanced Seminar is the best course I have ever taken.*  
Wendy Ball, LMHC, Albany NY

**JOIN US FOR THE THIRTEENTH  
YEAR!**

OVER 100 OF YOUR COLLEAGUES  
HAVE PARTICIPATED.

**FOR MORE  
INFORMATION  
AND TO REGISTER:**

Website: [Abbott-Lobenstine.com](http://Abbott-Lobenstine.com)

Phone: 413-256-EMDR(3637)

## SEMINAR DESCRIPTION CONTINUED:

...IDENTIFY and WORK WITH the phobias of attachment, of traumatic memories and of inner experience in severely traumatized clients; LEARN TIP OF THE FINGER strategy and other Structural Dissociation techniques to stabilize dissociative clients; LEARN to target the internal experiences of dissociative clients to improve their functioning long before you can safely target childhood trauma. Didactic presentations and assigned readings will broaden your understanding; transcripts of many Ego State/EMDR and Structural Dissociation/EMDR sessions will facilitate your use of these approaches with clients. Case consultation will enrich your confidence and prepare you to integrate these Approaches with EMDR Therapy. **Monthly meetings will facilitate your powerful learning process.**



**Farnsworth Lobenstine, LICSW** is on the national faculty of the EMDR Institute, serving as a Facilitator since 2001. An EMDRIA Approved Consultant, he has provided individual and group consultation services since 2003. He joined EMDR TRN/HAP as a Facilitator in 2005. Farnsworth works with children 10-12, adolescents and adults in private practice.

He was closely involved with the development of the Western Massachusetts EMDRIA Regional Meeting/Network annual conferences.

In 2007 he began teaching an academic year-long Advanced Seminar on the Integration of Ego State Therapy with EMDR Therapy. This has expanded to include Structural Dissociation. Farnsworth is just completing the 11th year of the highly successful and well-regarded Advanced Seminar.

In 2013, at the request of a consultee, Farnsworth finally tackled teaching Weekend Workshops, "An Introduction to the Integration of Structural Dissociation, Ego State Therapy and EMDR Therapy." Farnsworth discovered how much he loved this style of teaching, and especially doing live demonstrations with participants. Finally, in 2016, he added a third day using these same three modalities in the treatment of clients with Dissociative Identity Disorder.

*I consider it an extraordinary privilege to work as a psychotherapist. My training in EMDR, Ego State Therapy, Structural Dissociation, Narrative Therapy, and Energy Psychology, facilitate my healing work. I am equally passionate about teaching clinicians so that they can work ever more successfully to resolve the traumas and life challenges their clients have experienced. - Farnsworth*

### Additional Praise for the Advanced Seminar:

*I love the moments now when I understand the logic of the dissociative experience that is presented and I can be creative and adroit in guiding and supporting it.*  
Aimee Golbert, LCSW, Hartford CT

*In the seven years since I completed Farns' Seminar, Ego State Therapy continues to transform my work with clients in such profound ways. I had to travel three hours each way to attend, but it was well worth the investment of time and money.*  
Sharon Coleman, LICSW, LADC I, II, Burlington VT

*This was the best seminar that I've attended since graduating from the Smith MSW program 28 years ago.*  
Cheryl Case, LICSW, Greenfield MA

*You are a wonderful and gifted teacher!*  
Diane Murphy, LICSW, Westerly RI

*It has truly been an honor to learn alongside my colleagues how the creativity and expansiveness of our clients' own brains can facilitate their healing.*  
Maureen Welch, LPC, Hartford CT

*This is the best hands-on, seat-of-the-pants learning experience I've ever had.*  
Andrea Reber, LICSW, Northampton MA

**Go to [Abbott-Lobenstine.com](http://Abbott-Lobenstine.com) to learn more**  
*Click on Farnsworth Lobenstine Professional Trainings*

# Registration for the Advanced Seminar: The Integration of Structural Dissociation with EMDR Therapy

Name: \_\_\_\_\_

Professional License: \_\_\_\_\_ License #: \_\_\_\_\_

Mailing Address: \_\_\_\_\_  
\_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Telephone(s): Work: \_\_\_\_\_ Cell: \_\_\_\_\_ Home: \_\_\_\_\_



**COST: \$100 per three-hour meeting. \$80 for clinicians working 30+ hours in Community Mental Health (letter from your agency indicating there are no agency reimbursement funds available required).**

**Participants are responsible for paying for all ten meetings.**

**A 2 session deposit (\$200/\$160) is required to hold your place.**

Yes! I want to participate in the 2019-2020 ADVANCED SEMINAR and meet the requirements. I understand that I am responsible for paying for all ten meetings.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

I AM REGISTERING FOR THE:

\_\_\_\_\_ 3rd Friday Sessions (9/20/19–6/19/20)

**Please return this completed form to me**

**by email:** farnsloben@gmail.com

**or by mail:**

16 Center Street, Suite 423

Northampton, MA 01060

*This seminar is held in facilities which are in compliance with the Americans with Disabilities Act. Please contact Farnsworth Lobenstine at 413-256-3637 if special accommodations are required. Farnsworth Lobenstine maintains responsibility for this program and its content in accordance with EMDRIA standards.*